

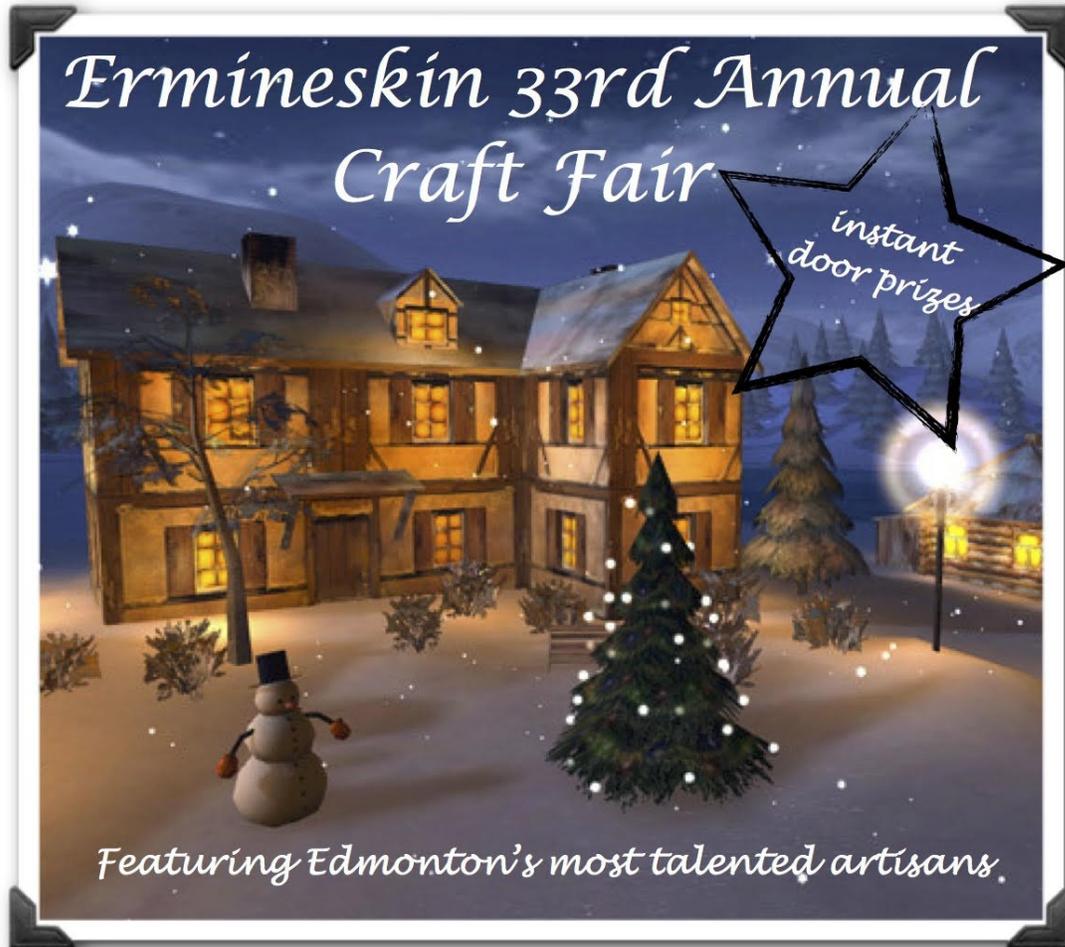


ERMINESKIN ENLIGHTENER

SERVING ERMINESKIN & STEINHAUER COMMUNITIES

November 2017

CIRCULATION 1800



Saturday, November 4 - 10 am-4 pm

Ermineskin Community League 10709-32A Avenue

Free Admission - includes our famous lollypop tree, a delicious concession where you can join your friends & neighbours for a delicious homemade lunch.

Find us at eclcraftfair.wordpress.com, like Ermineskin Craft Fair on Facebook or contact us at eclcraftfair@gmail.com



Have yourself a Happy Crafty Christmas

Ermineskin Community Centre

10709 - 32 A Avenue T6J 4A6 Phone: 780-438-6623

Office Hours: 5:00 - 9:00 pm Monday through Thursday

Hosts: Jo Nicholas & Sherisse White

www.erminekincommunity.ca

ECLinfo1@gmail.com

ERMINESKIN COMMUNITY LEAGUE ~ ENRICHING LIFE IN OUR COMMUNITY

ECL BOARD OF DIRECTORS:

President: Kent McMullin eclpresident1@gmail.com

Vice President: Monty Nelson montyn@telus.net

2nd Vice President: Shannon den Besten

Treasurer: Kirk Morris (780) 436-4544

Secretary: Vanessa Tran ECLwebmaster1@gmail.com

Memberships: Vanessa Tran

Fundraising Coordinator: Suresh Agarwal

Building Management and Rinks: Piet den Besten

Programs

Quilting & UFO Crafts : Pat Vos (780) 886-7838

Arlene (780) 437-6786

Preschool President:

Jen Blake ermineskinpreschool@gmail.com

Newsletter:

Advertisement and Editing: ECL Office Hosts Jo & Sherisse
e-enlightener@hotmail.com

Distribution: Frank Bachmier

Craft Fair: ecldcraftfair@gmail.com

Community Services:

LEAGUE MEMBERSHIP RATES

Memberships for 2016-2017 are now available

Single / Single Parent Family: \$25.00

Family : \$ 35.00

Seniors (65 years and older): no charge

Memberships can be purchased on line (www.EFCL.org—5.00 service charge)

or through our office (no service charge and you get to chat with us!)

NEWSLETTER ADVERTISING RATES

February, April, June, September & November

Our advertisers play an important role in our community, as they support us and many of our endeavors. GST is already included in the rates:

SIZE	1st Mth	Add'l Mth
Business Card	\$17.00	\$14.45
1/4 page	\$37.00	\$31.45
1/2 page	\$64.00	\$54.40
Full Page	\$107.00	\$90.95
Back Page	\$125.00	\$106.25
Classified	\$1.00 per line	

For more information visit our website at www.ermineskincommunity.ca

Copy deadline for February issue :

January 5

The Ermineskin Board of Directors meets the Second Tuesday of every month at 7:00 PM—

All are welcome to attend.

Upcoming Board Meeting:

November 14, Dec 12, Jan 9 & Feb 13

If you have an concern that you feel needs to come to the board, please contact the office two weeks prior to the meeting date.

HALL RENTAL INFORMATION

Size: 2400 square feet (40 x 60 feet)

Seating: 96

Kitchen: 2 stoves, 1 fridge, 1 freezer, 1 dishwasher (dishes and cutlery provided)

Please note: stoves can only be used for warming only.

For updated rates and to book using the online form, please see our website at:

Community League Memberships

Purchasing a membership helps supports your league to improve the community and quality of life for all residents. We are able to do this through organizing various recreational programs, community events and developing amenities in the neighborhood.

When you purchase an Ermineskin Community Membership, you get:

- access to all outdoor community ice rinks
- free community swimming at Confederation Pools on Saturdays from 4:00-5:30PM
- reduced rates to city recreational facilities (multi, monthly or annual passes) through the Community League Wellness Program
- <http://efcl.org/about-us/cl-membership-benefits/>
- 25% off regular adult tickets for Jubilation dinner theater at WEM as part of their corporate club
- reduced special member rental rates for the hall for special events
- free or reduced rates to attend Ermineskin social activities and events
- an opportunity to know your neighbors through organized sports participation, preschool and community events
- voting privileges at the Ermineskin Annual General Meeting
- an open invitation to attend any monthly Board Meeting
- Your community league membership runs from September to August of each year.

Membership sales are available at our office, online at EFCL and at participating Servus Credit Union locations. (A \$5.00 fee will apply to online and at Credit Union)

ERMINESKIN UFO [Un-Finished-Objects] GROUP

*scrapbooking *card making *sewing *knitting *quilting etc.

If you have projects you would like to work on then this is the day for you.

Get away from the distractions at home and join others for a great day. Coffee is provided, Just bring your lunch.

For more information or *to register* call: Pat at 780-886-7838

Visit the community website at: ermineskincommunity.ca

TIME: 9:30 a.m. to 4:00 p.m.—

FEE: \$10.00

Nov 18, Jan 20, Feb 24, Mar 2,3,10 & 24, Apr 21, Jun 26



Why Do I Volunteer?

Part 2 in a Series on Community Involvement

"When I was asked to write about why I choose to volunteer, I had to think for a minute.

In many ways it just seemed natural: our neighbourhood playground was terrible. Somebody needed to do something about that, and there didn't seem to be anyone with the time to take charge of the project.

I also wanted to make a better community, and I wanted to meet people in my neighborhood.

Yet, getting involved with the community league became so much more. I met some amazing people through the Community League Board. In the process of trying to find ways to make a better community for my family, and my neighbors, the process changed me as a person.

I began to understand much more about how my neighbourhood and my city actually works.

Volunteering helps you understand issues in your neighborhood, and allows you to have your voice while trying to make the neighbourhood better. In this world of ours, it is so easy to be disconnected from our neighbors, or connected to everything but the neighbourhood that we actually live in. These days, events in Edmonton and around the world give us plenty of evidence that shows what happens when people do not feel connected, or that they belong, or that they can make a positive difference in this world.

Getting to know the neighbors, trying to make our local world a better place, and to provide a sense of connectedness to the neighbours all seems to be part of the process. I can't imagine my life without volunteering. People often say they don't have time to volunteer. I guess I look at it another way: Can you afford to not be involved with your community? It connects you, and gives a sense of purpose and meaning; this is what makes our lives and society function. And sometimes you even end up with a better playground!"

Monty Nelson



Boys and Girls aged 11-14, you're welcome to join our Scouts Troop which meets most Wednesday evenings from 6:30-8:30 at the Ermineskin Community Centre. Become part of the scouting adventure, which includes camps, activities, community involvement and fun!!!

For further information, please contact Scouter Pro at pro.venkatraman@gmail.com



ERMINESKIN COMMUNITY LEAGUE FAMILY HALLOWEEN EVENT

Saturday, October 28, 2017
6:00-8:00 PM
10709-32 A Ave

BRING YOUR LITTLE GHOSTS AND
GOBLINS FOR FAMILY FUN, DANCING
AND A MAGICAL PERFORMANCE!



ADMISSION IS \$2 or Free For
ERMINESKIN COMMUNITY LEAGUE MEMBERS

PETROLIA SENIORS' GROUP Invites YOU to : Lunch and a Program , third Tuesday
of each month (except July and August)

Where? Greenfield Community Hall - 3803 - 114 Street -

Time? 11:45 a.m. (sharp) to 2:00 p.m. LUNCH and a PROGRAM (\$15)

November 21st –Fire Safety and Prevention for Seniors

Edmonton Fire Rescue Services - speaker TBA

CONFIRM your attendance or for more information:

Call: Nick 780-435-1045 or Betty 780-434-0711

Why We Celebrate Remembrance Day

Remembrance Day is a memorial day observed by Canadians and other members of the Commonwealth since the end of the First World War in order to remember all those who fought and died in the line of duty to keep us free. Every year on November 11, Canadians pause in a moment of silence to honour and remember more than 2 million Canadians who have served, and continue to serve, Canada during times of war, conflict, and peace. If we do not remember, their sacrifice is meaningless.

Every November 11th, the official Canadian national ceremonies are held at the National War Memorial in Ottawa, ON according to a strict protocol with the Governor General presiding over the ceremony. A service is held and armed services representatives lay wreaths. Church services are held across Canada, which often include the playing of "The Last Post", a reading of "In Flanders Fields" by John McCrae, and two minutes of silence at 11:00.



Symbols of Remembrance Day

The most well known symbol associated with Remembrance Day is the poppy due to the poem "In Flanders Fields" by Canadian physician Lieutenant-Colonel John McCrae. At first real poppies were worn, but now most people wear replica poppies, and their vibrant red colour became a symbol for the blood spilled in the wars. There are a variety of war memorials throughout Canada as well in order to remember those who fought and died. By remembering the service and sacrifice of Canadians who served in the World Wars, we recognize the freedom that they fought to preserve. We must remember.

Update from your Member of Parliament, Matt Jeneroux, MP for Edmonton Riverbend

The House of Commons has now resumed, and I am back in Ottawa to make the voices of our community heard. I look forward to sharing the comments you shared with me on issues such as the small business tax changes with the Liberal government and continue to fight against these tax changes. I've already been very vocal in the first week back. Check out my website to see the questions and the answers I've raised to the Finance Minister directly.

I am also excited to have been named the new Shadow Minister for Science. In this new role, I plan to continue my work on geothermal energy and orphan wells, while exploring new avenues alongside Canada's world class researchers and academics. In addition to my new Shadow Minister role, I was also asked to sit on the Standing Committee on Industry, Science and Technology.

I will once again be offering the MP Youth Leadership Awards in our community. This award recognizes students that show leadership within their school and our community. There will be two awards: one for students in grades 7-9 and another for student grades 10-12. If you know a student who has shown leadership within their school or community, please nominate them for this award by completing a nomination form on my website, www.mattjeneroux.ca.

If you wish to have a meeting with me to discuss any questions or concerns you may have, please do not hesitate to contact me. Additionally if you like to know more about what I have been up to, please follow me on Facebook, Twitter (@jeneroux) or Instagram (mattjeneroux).

Have a wonderful fall season and I look forward to seeing many of you in the community.

Have you heard of the Little Free Library project?

A Little Free Library is a take a book, leave a book program. It allows people to go to the little libraries and take a book they like or want to read or leave a book they would like to share. Ermineskin and Steinhauer communities are looking for volunteers willing to help work on this project and get the libraries into the communities.



In order to do that, we need to get the boxes (and there are so many ideas!) for the libraries, have a book drive, work with the city and residents to find locations for the boxes, register the boxes with the Little Free Libraries organization and find some volunteers willing to be librarians.

If you would like to help work on this project, please contact Treven at droyanan@ualberta.ca or the ECL office at eclinfo1@gmail.com or 780-438-6623.

Intellidance Classes now being offered at ECL!

Intellidance is a licensed creative dance program for teaching fundamental movement concepts to children from babies to five years of age. The processes used in the Intellidance method are based on developmental research and conceptual dance. It has a reputation of providing high quality, developmentally based, fun early childhood dance education. For more information visit www.intellidance.ca

Our Instructor is Chelsea Foulston, a trained Elementary music teacher with nine years of experience teaching Kindergarten to Grade Six music with Edmonton Public Schools. In 2014 she completed her Intellidance Certification.

Various programs offered:

- Babies (3-11 months) -60 minutes
- Tykes (12-23 months) -45 minutes
- Tots (2-4 years) -45 minutes
- Kids (3-5) -30 minutes
- Family (1-5 years) -45 minutes



Please watch Facebook and our website for more information on times and dates!



Christmas Quiz

1. Santa has nine reindeer, can you name them?
2. What gifts did the three kings take to baby Jesus?
3. On Christmas Day, what would you find a joke inside of?
4. What meat do we traditionally eat with Christmas dinner?
5. What two things do we traditionally give to our friends and family on Christmas Day?
6. What are Santa's helpers called?
7. How many doors would you open of an advent calendar before Christmas Day arrives?
8. In the 'Twelve Days of Christmas' song, how many lords are leaping?
9. In the popular Christmas song, what plant was Mummy kissing Santa Claus under?
10. Can you unscramble the following letters to reveal a word that means Christmas? ELNO



How many of these popular board games have you played?

Chess, Monopoly, Scrabble, Risk, Catan, Clue, Uno, Battleship, Yahtzee, Trivial Pursuit, Pictionary, Backgammon.

Would you like to have a games night at the Community League?

Let us know! Call 780-438-6623 or email eclinfo1@gmail.com

Things to do this winter!

- * Bake cookies and take to a neighbor
- * Build a snow castle!
- * Offer to shovel your neighbors walk.... No charge!!
- * Try out the Victoria Park Ice Way
- * Organize a skating party with your friends at the community league rink
- * Check out the lights at the Alberta Legislature.. Bet mom and dad would like it too!
- *Check out Ski Fest on Jan 27th. You can try snowshoeing free of charge!





WECAN Food Basket Society

About WECAN Food Basket: The WECAN Food Basket Society operates as a “warehouse without walls” – they buy all food in bulk and distribute it to community based depots. Volunteers staff the depots located throughout the Edmonton area. Once a month, volunteer drivers pick up the food from WECAN’s supplier and take it to the depots. Volunteers then count, sort and pack the baskets ready for pickup.

What do you get in a WECAN Food Basket Order? Fresh food is the staple of any healthy diet. The monthly food basket offers: • 3 cuts of frozen meat, • 3 types of fresh vegetables and • 3 kinds of seasonal fruit • helpful recipes to prepare healthy meals. Meat Orders are \$15 and produce orders are \$10. or a complete food basket of meat, vegetables and fruit is only \$25. The Program Members prepay for their food basket order by the first Friday of each month at their depot. They then return to the depot on the third Friday of the month and pick up their food. Membership is \$5. per year

We have a WECAN Food Basket Society Depot at Duggan Community Centre #5, 3724-105 Street -

Payment and ordering will be on the first Friday of the month (except February, March, June and August) - Pick up of food will be on the third Friday of the month (except February, March, June and August) For more information about joining or volunteering at the Duggan Depot please call: Wecan Food Basket Society at **780 413-4525**

Website: www.wecanfood.com or facebook



**As the season changes and snow starts to fall
Are you looking for sand to put down on your
driveway and sidewalks to prevent slips and
falls?**

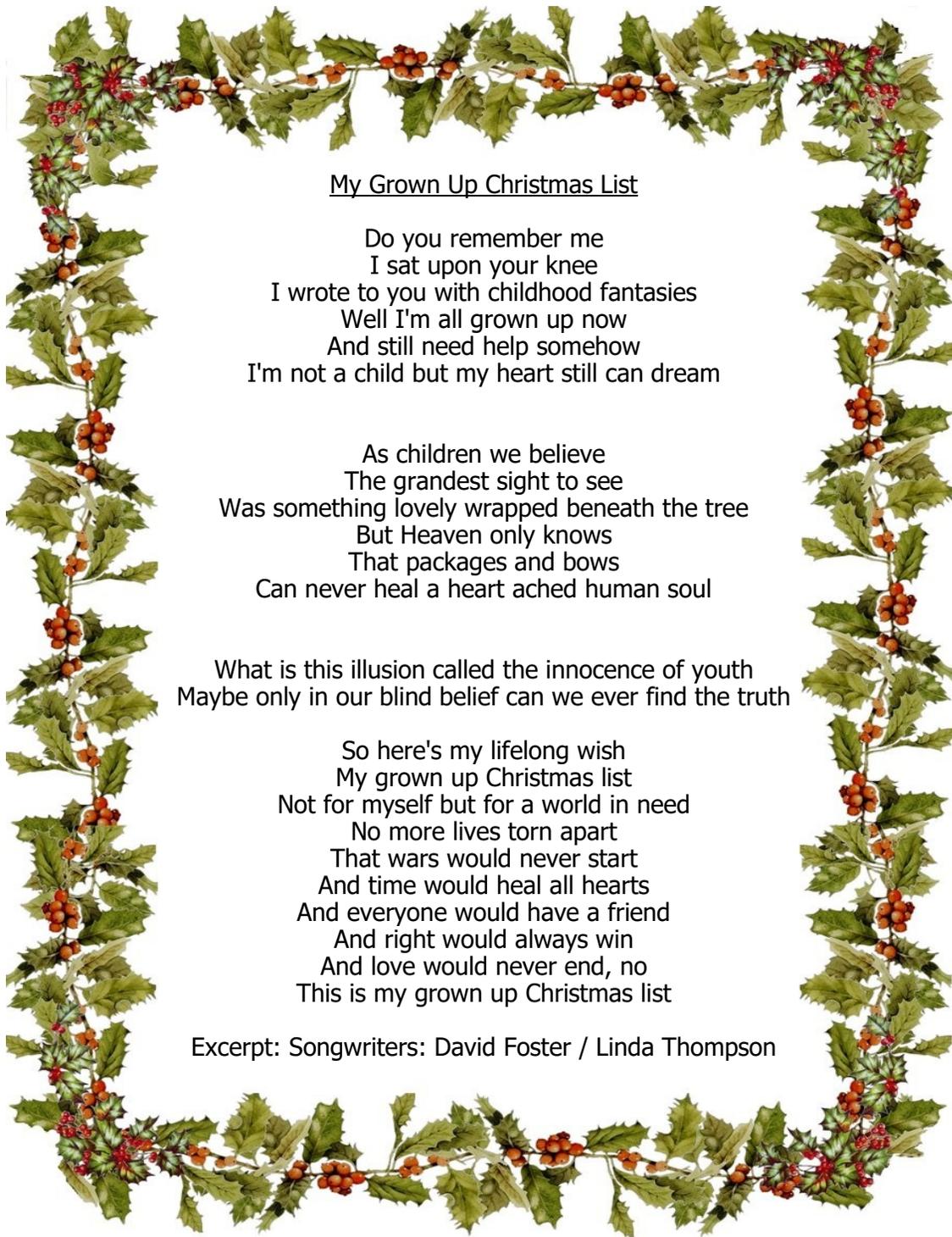
**Sand is available in front of the entrance to
the school parking lot by the big bins!**

Why are snow angels important?

More than 140,000 seniors aged 55 and over live in Edmonton. Approximately 75% of seniors over 65 live in their own homes. As well, approximately 5% of the overall population aged 15 and older has severe or very severe disabilities. For these people, shovelling snow can be difficult or even dangerous.



They also help seniors and persons with disabilities meet their responsibility to remove snow and ice from their sidewalks as stipulated under the [Community Standards Bylaw #14600](#). The City of Edmonton requires this to be completed within 48 hours of the snowfall.



My Grown Up Christmas List

Do you remember me
I sat upon your knee
I wrote to you with childhood fantasies
Well I'm all grown up now
And still need help somehow
I'm not a child but my heart still can dream

As children we believe
The grandest sight to see
Was something lovely wrapped beneath the tree
But Heaven only knows
That packages and bows
Can never heal a heart ached human soul

What is this illusion called the innocence of youth
Maybe only in our blind belief can we ever find the truth

So here's my lifelong wish
My grown up Christmas list
Not for myself but for a world in need
No more lives torn apart
That wars would never start
And time would heal all hearts
And everyone would have a friend
And right would always win
And love would never end, no
This is my grown up Christmas list

Excerpt: Songwriters: David Foster / Linda Thompson

Once again Ermineskin Community League will be accepting donations of gently used, clean warm weather clothing for those less fortunate.

Winter is hard for those who don't have the basics.

There will be a box at the Community League office for donations and these will be taken on a regular basis to Bissell Center.



SOUTHWEST SKI FEST: JANUARY 27, 2018

WHERE? ERMINESKIN COMMUNITY LEAGUE

10709-32 A AVE STARTING AT 11:30 am



Try cross-country skiing and snowshoes for free!

Chili cook off, hot cocoa and warm fires!

All ages and abilities welcome!

Come and celebrate our fabulous winter season!



shutterstock - 103966847



for parents, carers, babies and toddlers

Tuesday Mornings 9:30-11AM

A safe place for babies and toddlers to play with refreshments for their adults. We finish the morning with a few songs and instruments.

For more information:
 Southside Church of the Nazarene
www.southsidenazarenechurch.ca
 (780)437-2217



Southside Church
 of the Nazarene

Sunday Service 10:30AM
 Sunday School for children age 3-11

10712 29Ave NW (780)437-2217
 Pastors Jonny and Jen Blake

www.southsidenazarenechurch.ca

FREE BREAD! Each Sunday morning we receive a donation of bread from Costco which is FREE for ANYONE who has need, no questions asked. Available from 10AM each week. Some weeks fresh vegetables are available as well from our church plot in the community gardens. First come first served.
 Southside Church of the Nazarene 10712 29Ave (780)437-2217

The Gift Goes On

**Join the family of Risen Lord Lutheran
Church us as we celebrate
the Christmas Season!**

December 17

Christmas Coffee House 6:30 pm

December 24

Christmas Eve Candlelight Service 7:00 pm

December 31

Service of Carols—10:00 am



**Risen Lord Lutheran
Church**

Pastor Jay Dyrland

Sunday Service 10 A.M.

Sunday School during service

10709—32 A Ave

780-440-6476


*Happy
Holidays*

From everyone at Ermineskin
Community League



Community Swim!

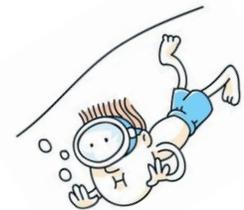
Current ECL members
in good standing can
enjoy **Free** community
swim at:

Confederation Pool
11204 43 AVE

Saturdays, September 2017 to June 2018

4 pm - 5:30 pm

***Remember to bring your current
membership card!***





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 info@dave-does-lawns.com
 www.dave-does-lawns.com

"I don't plan to meet your expectations, I measure our success in exceeding them."




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 (780) 485-8195

THE FLU VIRUS CAN TRAVEL 2 METRES THROUGH THE AIR.

Don't go viral.
 Get your flu shot here starting October 23, 2017.

Visit our pharmacy for personalized health care

- Prescriptions Filled Quickly and Transferred Easily
- Additional Prescribing Authorization: we can refill prescriptions or prescribe new drug therapy
- Seniors Discount Everyday
- Free Prescription Delivery






Richard Feehan 
MLA, Edmonton-Rutherford

Phone: 780-414-1311
 f MLARichardFeehan edmonton.rutherford@assembly.ab.ca
 308 Saddleback Road, Edmonton, AB T6J 4R7
 Making life better for Edmonton-Rutherford families

- Answers to Christmas quiz on Kids Page:
1. Rudolph, Prancer, Dancer, Donner, Blitzen, Dasher, Vixen, Comet and Cupid
 2. Frankincense, Gold and Myrrh
 3. A Christmas Cracker
 4. Turkey
 5. Cards and presents
 6. elves
 7. 24
 8. 10
 9. Mistletoe
 10. NOEL

SOUTHMINSTER-STEINHAEUER UNITED CHURCH
10740-19 Ave, Edmonton

Annual Christmas Cookie Walk! 

Saturday Dec. 2 - 10 am-12 Noon
\$15.00 per box

 Let us help with your Christmas baking! Come and choose from hundreds of homemade cookies! \$15 to fill your box!
 Come early cause we ALWAYS sell out!



Looking for a fun event for family and friends?

Rent the community League Rink and host a skating party..... Or....

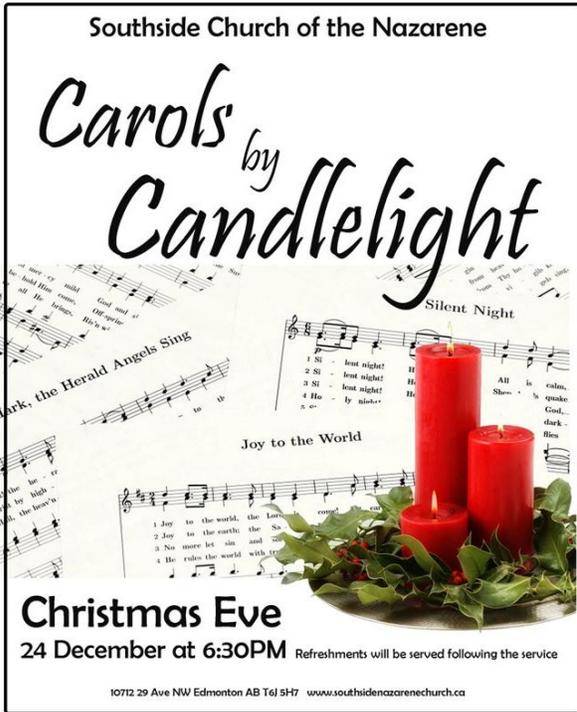
Book the rink for a group hockey game!

Call us to book the rink and rink shack



Southside Church of the Nazarene

Carols *by* Candlelight



Christmas Eve
24 December at 6:30PM Refreshments will be served following the service

10712 29 Ave NW Edmonton AB T6J 5H7 www.southsidenazarenechurch.ca



Christmas

AROUND THE WORLD

**FOOD AND FELLOWSHIP
AS WE CELEBRATE OUR DIVERSITY**

SUNDAY 10TH DECEMBER 4:30 PM
Please RSVP to 780-437-2217

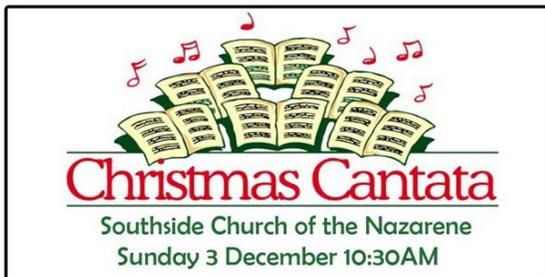
Come and celebrate the wonder of the Manger...



Christmas Morning Celebration

Monday 25th December
10:30AM

Southside Church of the Nazarene 10712 29 Ave



Christmas Cantata

Southside Church of the Nazarene
Sunday 3 December 10:30AM

Messy Christmas

Sunday 17th Dec 4-6PM

An interactive, creative, craft filled, family oriented Christmas Church including food for the whole family.



Children **MUST** be accompanied by a responsible adult

Southside Church of the Nazarene 10712 29 Ave
www.southsidenazarenechurch.ca

ERMINESKIN ENLIGHTENER FEBRUARY DEADLINE: JANUARY 5, 2018

Please email JPEG Ad submissions to: eclinfo1@gmail.com—subject line : Enlightener

Submit any hard copy items to the mail slot at the Community League office.

Please Note: The Ermineskin Enlightener can be downloaded from our website:

**3rd Annual New Years Day
Family Gathering
At Ermineskin Community League
1 pm –3 pm**



Join us as we welcome in the New Year.....



with some family outdoor fun!

Bring your skates, sled, cross country skis!

Enjoy Hot chocolate and visit with neighbours and Friends!

- Weather permitting of course, this is AB!

Check Facebook for weather updates!

Every time a new year rolls around, people set out to better themselves. They promise they will lose weight, find a new job, or maybe even take that vacation they've always talked about. But why do we make these promises to ourselves, and where did this tradition come from? Why does this tradition live on when so many people fail to keep the resolutions they make?

Well, we can start by blaming the ancient Babylonians!

Around 4000 years ago in Babylon, the earliest recorded celebration honoring the coming of a new year was held—the Babylonians made promises in order to get on the right side of all of their gods. They felt this would help them start the new year off on the right foot and resolutions continued on with the Romans. Caesar declared January 1 the first day of the year to honor the god of new beginnings, Janus. To this day, the traditions of the ancient Babylonians and Romans continue on around the world.

The most popular resolutions:

- Lose Weight*
- Get Organized*
- Save More Money*
- Enjoy Life*
- Get—and Stay—Healthy*
- Learn Something New*
- Quit Smoking*
- Help Others Pursue Their Goals*
- Find Love*
- Spend More Quality Time With Family Members*



If those failed resolutions above look familiar and remind you that the whole concept is a bust, or if they inspire you to create your own list of promises for 2018, just remember that this tradition is destined to live on. We have 4000 years worth of history telling us so, and that's a statistic that's hard to argue with!